

## **COVID-19 GUIDELINES**

The LJCAGBI Covid Advisory Committee, comprised of medical professionals and with the guidance of infectious disease specialists, has developed the following standards for the safety of our Congregation:

- If you or a household member do not feel well with one or more of these symptoms (cough, sore throat, fever, shortness of breath, diarrhea, loss of smell or taste), please do not enter the shul and instead daven at home.
- Before entering the Shul please be sure that you are wearing a mask that covers your mouth and nose.
- Sanitize or wash your hands when you enter the building.
- **Masks must be worn at all times in the building.**
- If you need to cough or sneeze, please do so in your mask. If you need to clean/change your mask, please leave the sanctuary, and find a secluded socially distant area to do so. Before returning to the sanctuary, please sanitize your hands.
- If you need to remove your mask to blow your nose, take a drink of water etc., please leave the sanctuary and find a secluded socially distant area to do so. Before returning to the sanctuary, please sanitize your hands and change your mask, if necessary.
- No more than two people should be in a bathroom at the same time, socially distanced.
- Please maintain social distance and avoid close contact when speaking to others.
- If you see someone who forgets to follow these guidelines, please give them a gentle reminder. If someone reminds you, please don't take offense. We are all in this together.

**We all need to do our best to protect one another and keep our Shul and all of our members both safe and healthy.**