



## **Lincolnwood Jewish Congregation A.G. Beth Israel**

*Hosts*

### **HOW TO IMPROVE BRAIN HEALTH AND PREVENT DEMENTIA**

*Presented by*

**Dr. Silvia Panitch, MD**

**Are you at risk for dementia?**

**Learn the importance of early diagnoses, the five types of dementia, and the lab work needed to be done to discover if you are at risk.**

**Dr. Panitch will also talk about natural treatments, including lifestyle and supplements.**

**Sunday, November 11, 2018**

**10:00 am**

**7117 N. Crawford Ave., Lincolnwood**

Dr. Silvia Panitch is the Medical Director of Lakeview Integrative Medicine Clinic. Her practice focuses on preventive medicine, nutrition and lifestyle issues. She relies on Functional Medicine as the roadmap to assess almost any health condition. The staff at Lakeview Integrative Medical Clinic does not treat symptoms, but look for the root causes of illness.

At Lakeview Integrative Medicine, they specialize in autoimmune diseases, digestive disorders, memory loss, mental illness and women's health.

Please call Lincolnwood Jewish Congregation A.G. Beth Israel at 847-676-0491 during regular business hours to reserve a seat. There is no cost for this community event.